

BERRIES

BURSTING WITH ANTIOXIDANT GOODNESS

ALL BERRY BANG 
strawberries, raspberries, blueberries, apple juice, **probiotic** strawberry yoghurt & ice

STRAWBERRY SQUEEZE 
strawberries, banana, apple juice, **probiotic** strawberry yoghurt & ice

BERRY BLAST 
raspberries, blueberries, apple juice, low fat milk or soy, **probiotic** vanilla yoghurt, sorbet & ice

TROPICAL

LOVE LIFE & CHILL

MANGO MAGIC 
mango, banana, mango nectar, **probiotic** vanilla yoghurt & ice

BANANA BUZZ 
banana, honey, low fat milk or soy, **probiotic** vanilla yoghurt & ice

PASSION MANGO 
mango, passionfruit, mango nectar, apple juice, **probiotic** vanilla yoghurt, sorbet & ice

BERRY SUPERFRUIT 
raspberries, blueberries, apple juice, **probiotic** vanilla yoghurt, **probiotic** strawberry yoghurt & ice
+ **superfruit booster**
+ **energiser wellmune**

STRAWBERRY MELON CRUSH 
freshly juiced watermelon, strawberries, sorbet & ice

BERRY CRUSH 
strawberries, raspberries, blueberries, apple juice, sorbet & ice

WATERMELON LYCHEE CRUSH 
freshly juiced watermelon, lychees, sorbet & ice

MANGO LYCHEE CRUSH 
lychees, mango nectar, apple juice, sorbet & ice

SORAYA'S FAVOURITE 
mango, mango nectar, **probiotic** vanilla yoghurt, sorbet & ice
+ **immunity booster**
+ **green tea booster**

CHOC

TREAT YOURSELF

COOKIES & CREAM 
cookie crumbs, low fat milk or soy, **probiotic** vanilla yoghurt, sorbet & ice

KING WILLIAM CHOCOLATE 
banana, chocolate, low fat milk or soy, **probiotic** vanilla yoghurt & ice

JUICES

FRESHLY JUICED, NO ADDED SUGAR

5 A DAY JUICE 
freshly squeezed orange, freshly juiced apple, carrot, celery, beetroot & ice
+ **vita booster**

LEAN & GREEN JUICE 
freshly juiced apple, cucumber, celery, mint & ice
+ **wheatgrass booster**

VEGGIE JUICE 
freshly squeezed orange, carrot, cucumber, celery & ice
+ **vita booster**
+ **chia seeds**

VITA C DETOX JUICE 
freshly squeezed orange, freshly juiced apple, carrot, ginger & ice
+ **vita booster**

IMMUNITY JUICE 
freshly juiced watermelon, freshly squeezed orange, strawberries & ice
+ **immunity booster**



CREATE YOUR OWN

UP TO 5 YOUR WAY

START HERE

- Apple
- Carrot
- Coconut water
- Orange
- Pineapple
- Watermelon

THEN ADD 

- Banana
- Beetroot
- Blueberry
- Celery
- Cucumber
- Ginger
- Lemon
- Mango
- Mint
- Passionfruit
- Raspberry
- Strawberry

SINGLE JUICE 

- Apple
- Orange
- Pineapple
- Watermelon

PROTEIN

STAY TONED & TERRIFIC

PROTEIN SUPREME 
banana, toasted muesli, cinnamon, honey, coconut water, coconut milk & ice
+ **immunity** + **vita boosters**
+ **whey protein** + **chia seeds**

GYM JUNKIE 
strawberries, banana, low fat milk or soy, **probiotic** vanilla yoghurt & ice
+ **whey protein**

STRAWBREKKIE PROTEIN 
strawberries, blueberries, banana, oats, apple juice, **probiotic** strawberry yoghurt & ice
+ **whey protein**
+ **energiser wellmune**

WONDER MELON 
freshly juiced watermelon, strawberries, **probiotic** strawberry yoghurt & ice
+ **energiser wellmune**

PREMIUM

BOOST YOUR GLOW

RED ROYALE 
strawberries, raspberries, blueberries, pineapple, banana, apple juice, beetroot, coconut water & ice
+ **superfruit booster**
+ **collagen plenibiotic** 

SKINNY DIP COLLAGEN 
raspberries, blueberries, banana, apple juice, **probiotic** strawberry yoghurt & ice
+ **whey protein**
+ **collagen plenibiotic** 

HEALTHY NEVER TASTED SO GOOD

 Clinically Proven Probiotic Yoghurt For Digestion, Gut Health & Protein Absorption

 Real Fruit, Real Vegetables, Made For Real

 Sustainable, Zero Plastic Cup Packaging

 Low Sugar, Low Fat

 Rainforest Alliance Certified Chocolate
www.ra.org



ADD ONS

EXTRA GOODNESS, EXTRA BOOST

HEALTHY BOOSTERS

Immunity 
Echinacea, Vitamins A & C, Zinc & Green Tea
Boost immunity & overall wellness

Vita 
Multi-vitamins & Minerals
Daily nutrients for energy & vitality

Wheatgrass 
Organic Wheatgrass Extract
Packed with antioxidants & supports red blood cell health



Superfruit 
Acai Berry, Cranberry, Goji Berry & Pomegranate
Antioxidant-rich, fibre-filled blend for all-day power

Green Tea 
Green Tea Extract
Energises naturally; supports metabolism & wellness

SUPER BOOSTERS

Collagen Plenibiotic  
Boosts skin firmness for a healthy youthful glow

Energiser Wellmune 
Enhances energy, focus & daily stamina

EXTRAS

- Fruit, Veggie & Others 
- No Ice/ Extra Cup 

Whey Protein 
Builds, tones & repairs muscle fast

Chia Seeds 
Omega-3 & fibre-rich for heart & gut health

A MESSAGE FROM SORAYA

Hi, and welcome to Boost!

Life can sometimes be a whirlwind, and trying to remember to get all the fruits and vegetables we need each day is the last thing on our busy minds. This is where Boost comes to the nutritional rescue – we make healthy easy! At Boost, our brand is empowered by the good stuff. Every single smoothie and juice is bursting with real fruit and/or veggies. We know that everyone is different. That's why there's a Boost juice or smoothie to suit every body and every taste.

So let us blend and squeeze something delicious that does.

If after 2 sips you don't love it, we'll replace it. Is your favourite missing from the menu or you want to change something up? Just ask, and we will make it for you. We want to hear from you if your experience at Boost wasn't all that you expected, and of course we'd love to hear if it was. Don't be shy, it's how we improve.

We know you want to know all the facts, figures and allergy info on our products, so you'll find them right here.

Enjoy your Boost.....and remember:
Love life and life will love you right back!



Dr. Soraya R. Ismail
Owner & Director Boost SE Asia
(Malaysia, Singapore, Brunei, Thailand & Indonesia)

OUR PROMISE TO YOU

Make fresh and nutritious juices and smoothies that taste great.

Only ever use the very best quality ingredients.

Never use any nasties.

Be on the lookout for new ways to make being healthy easy.

Always deliver amazingly friendly service.

Give you a reason to smile.

boostjuicebars.com.sg

[f boostsingapore](https://www.facebook.com/boostsingapore)

[@boostjuice_sg](https://www.instagram.com/boostjuice_sg)



2 sips. Don't love it?
We'll replace it!

If we have not delivered on our guarantee or you would simply like to share some good stuff, please email us at soraya@boostjuicebars.com.my

FACTS & FIGURES

IMPORTANT TO KNOW ON THE GO

ALLERGY INFO

	Gluten free ingredients	Dairy free	Contains soy	Vegetarian	Contains caffeine
BERRIES					
All Berry Bang	✓	X	X	✓	X
Strawberry Squeeze	✓	X	X	✓	X
Berry Blast	✓	X	X	✓	X
Berry Superfruit	✓	X	X	✓	✓
Strawberry Melon Crush	✓	✓	X	✓	X
Berry Crush	✓	✓	X	✓	X
TROPICAL					
Mango Magic	✓	X	X	✓	X
Banana Buzz	✓	X	X	✓	X
Passion Mango	✓	X	X	✓	X
Watermelon Lychee Crush	✓	✓	X	✓	X
Mango Lychee Crush	✓	✓	X	✓	X
Soraya's Favourite	X	X	X	✓	✓
CHOC					
Cookies & Cream	X	X	✓	✓	X
King William Chocolate	✓	X	X	✓	X
JUICES					
5 A Day Juice	✓	✓	X	✓	X
Lean & Green Juice	✓	✓	X	✓	X
Veggie Juice	✓	✓	X	✓	X
Vita C Detox Juice	✓	✓	X	✓	X
Immunity Juice	✓	✓	X	✓	✓
PROTEIN					
Protein Supreme	X	X	✓	✓	✓
Gym Junkie	✓	X	✓	✓	X
Strawbrekkie Protein	X	X	✓	✓	✓
Wonder Melon	✓	X	✓	✓	X

Our kids collectable cups are 230 mL. Fruit changes with the seasons, and as most of our products are made fresh, the nutritional profile and flavour can vary. The nutrition information is based on low fat milk for drinks displayed with the low fat milk or soy option. Whenever changes in nutrition information and recipes occur, we'll do our very best to keep you in the loop. Products may contain traces of wheat, gluten cereals, egg, milk, peanuts, sesame, soy and tree nuts. Our whey protein does not contain gluten.

FACTS & FIGURES

IMPORTANT TO KNOW ON THE GO

ALLERGY INFO

	Gluten free ingredients	Dairy free	Contains soy	Vegetarian	Contains caffeine
PREMIUM					
Red Royale	✓	X	X	X	X
Skinny Dip Collagen	✓	X	✓	X	X
BOOSTERS[†]					
Chia Seeds	✓	✓	X	✓	X
Collagen Plenibiotic	✓	X	X	X	X
Energiser Wellmune [®]	✓	✓	X	✓	✓
Green Tea [‡]	X	✓	X	✓	✓
Immunity [‡] (vit A, C and zinc)	✓	✓	X	✓	✓
Superfruit	✓	✓	X	✓	X
Vita	✓	✓	X	✓	X
Wheatgrass Powder	✓	✓	X	✓	X
Whey Protein	✓	X	✓	✓	X
Wholegrain Oats	X	X	✓	✓	X

[^] Contains caffeine.

[†] Boosters are not a sole source of nutrition and should be consumed in conjunction with a healthy nutritious diet.

Children under 15 years or pregnant women need to check with their doctor before consuming boosters, except for chia seeds.

[‡] Contains vitamin A, C and zinc necessary for normal immune function as part of a healthy nutritious diet.

Please note that some products may not be available in all stores.



FACTS & FIGURES

IMPORTANT TO KNOW ON THE GO



(Per 100 mL)

	Energy		Protein (g)	Fat		Carbohydrate		Dietary fibre, total (g)	Sodium (mg)
	Kilojoules (kJ)	Calories (cal)		Total (g)	- saturated (g)	Total (g)	- sugars (g)		
 ORI 500ML									
 MED 400ML									
 KIDS 230ML									
(Per 100 ml)									
BERRIES									
All Berry Bang	203	49	1.1	<1.0	<1.0	9.9	3.9	1.2	33
Strawberry Squeeze	217	52	1.1	<1.0	<1.0	10.9	4.5	1.3	31
Berry Blast	207	50	1.3	<1.0	<1.0	9.7	4.3	<1.0	27
Berry Superfruit	215	51	1.2	<1.0	<1.0	10.5	3.8	1.1	33
Strawberry Melon Crush	132	32	<1.0	<1.0	<1.0	6.2	4.8	<1.0	3
Berry Crush	109	26	<1.0	<1.0	<1.0	6.3	4.7	<1.0	3
TROPICAL									
Mango Magic	239	57	1.3	<1.0	<1.0	12.1	4.4	1.2	41
Banana Buzz	304	73	2.3	<1.0	<1.0	14.0	4.8	<1.0	45
Passion Mango	203	49	<1.0	<1.0	<1.0	10.4	4.9	<1.0	27
Watermelon Lychee Crush	145	35	<1.0	<1.0	<1.0	6.9	5.4	<1.0	3
Mango Lychee Crush	114	27	<1.0	<1.0	<1.0	6.7	4.9	<1.0	8
Soraya's Favourite	215	51	<1.0	<1.0	<1.0	11.0	4.8	<1.0	34
CHOC									
Cookies & Cream	343	82	2.2	2.0	<1.0	13.6	5.2	<1.0	68
King William Chocolate	371	89	2.8	1.6	1.1	15.5	4.7	1.4	49
JUICES									
5 A Day Juice	134	32	<1.0	<1.0	<1.0	6.0	5.9	2.5	18
Lean & Green Juice	117	28	<1.0	<1.0	<1.0	5.9	5.8	1.4	9
Veggie Juice	108	26	<1.0	<1.0	<1.0	4.2	3.9	2.5	23
Vita C Detox Juice	158	38	<1.0	<1.0	<1.0	7.5	7.4	2.3	7
Immunity Juice	138	33	<1.0	<1.0	<1.0	5.8	5.3	1.0	3
PROTEIN									
Protein Supreme	365	87	6.3	2.0	<1.0	10.8	4.8	1.4	37
Gym Junkie	307	74	4.3	1.0	<1.0	11.9	3.5	<1.0	48
Strawbrekkie Protein	288	69	4.0	<1.0	<1.0	11.4	4.2	1.4	31
Wonder Melon	166	40	1.8	<1.0	<1.0	6.5	3.7	<1.0	13
PREMIUM									
Red Royale	148	35	<1.0	<1.0	<1.0	7.8	5.7	1.1	19
Skinny Dip Collagen	249	60	3.1	<1.0	<1.0	10.7	4.6	1.2	35



OUR SUPER JUICY MENU

The nitty-gritty details



LOVE LIFE!